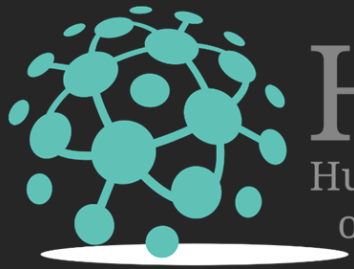


# European Human Exposome Network



## HEDIMED

Human Exposomic Determinants  
of Immune Mediated Diseases

Prof. Heikki Hyöty

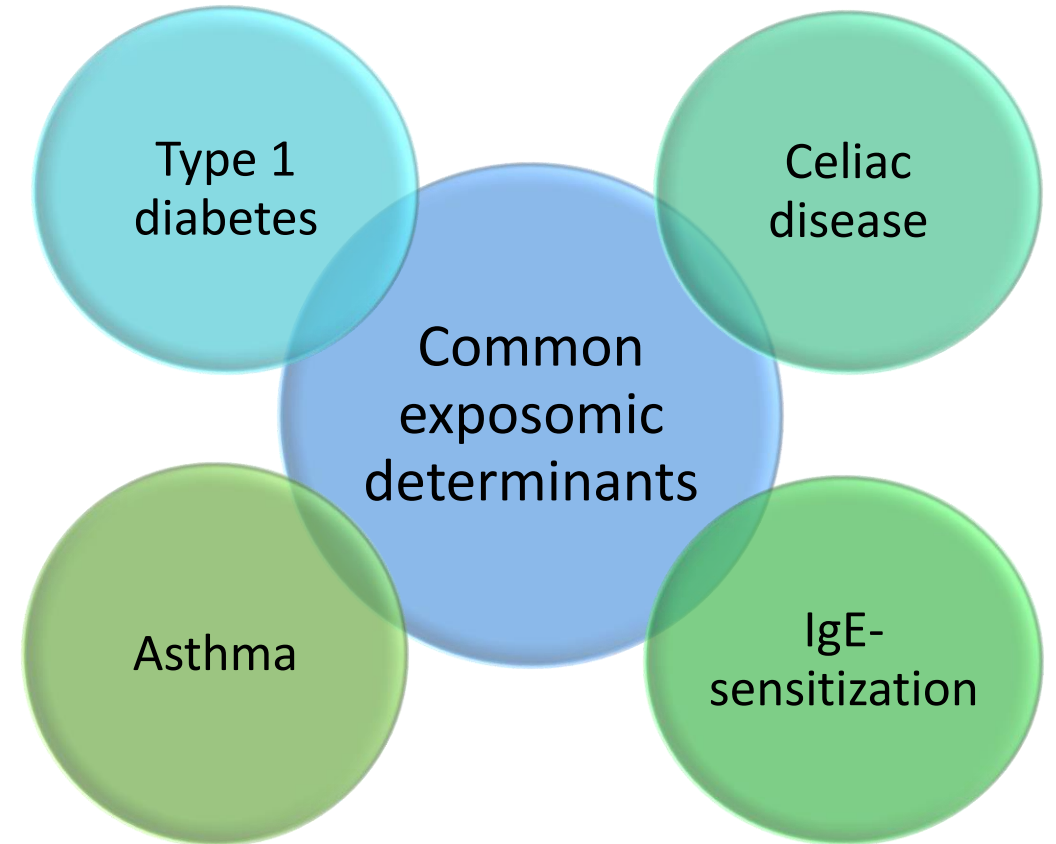
Tampere University

Finland



# What is **HEDIMED** about?

- Identification and modelling of exposomic factors relevant for immune-mediated diseases (IMDs)
- Key exposomic factors under study
  - Microbes
  - Environmental biodiversity
  - Toxins
  - Diet
  - Physiological factors
  - Physical activity
  - Host response to exposomic factors



# Why is this important?

## HEDIMED

- explores the role of exposome in **several IMDs** to identify disease-specific and common exposomic determinants.
- utilizes samples and data from **unique clinical cohorts and trials** providing huge number of study end-points (diseases) in different populations.
- is based on **multidisciplinary research** allowing identification of novel exposomic determinants, their interactions and mechanisms of actions.
- includes development of **new technologies** for the identification of exposomic determinants of diseases.
- will make data, research tools and latest discoveries **available for various stakeholders (toolbox)**

How will HEDIMED reach that goal?

## Clinical cohorts

### Natural history cohorts

- 10 different birth and maternal cohorts from European countries

### Cross-sectional cohorts

- VirDiab cohort
- FinKarelia cohort

### Intervention study cohorts

- CiPP
- PreCiSe
- PREVALL

### Disease endpoints

- T1D
- Asthma
- Allergy
- Celiac disease

### Other phenotypic determinants

- Systemic and intestinal inflammation
- Obesity

### Identification of new endpoints

- Registry linkage
- Biomarkers

samples

## Existing data

### Generation of New data

### Internal exposome and omics

- Host response
- Omics

### External exposome

- Microbial diversity
- Infectious agents
- Toxins
- Diet
- Psychosocial factors
- Physical activity
- Land cover

### Intelligent sensors

- High throughput Immunosignature tool
- Portable multiarray system for immunosignature testing
- Microbial subtyping tool
- Portable tool for continuous monitoring of VOC exposure

## Exposome toolbox

### • **Models:**

- Exposome-disease associations
- Prediction of immune mediated diseases
- Estimation of population etiologic fraction of exposomic disease determinants
- Estimation of socioeconomic impact of exposomic disease determinants
- Societal effects of prevention of diseases by interventions targeting exposomic disease determinants
- Identification and intelligent monitoring of exposomic determinants

## Societal impact

### Interactions with stakeholders

- Patient organizations
- WHO
- Policy makers
- Academic collaborators
- Industry

# What will HEDIMED deliver in 5 years

- Concrete points of to be delivered
  - identification of exposomic determinants of IMDs
- What will HEDIMED contribute to the Exposome Toolbox
  - tools for identification of exposomic determinants of IMDs
  - tools for prediction of disease risk
  - novel exposure strategies to reduce the risk of IMDs
  - information of latest discoveries
  - tools for decision-makers, stakeholders and public to reduce the risk of IMDs

IMD = immune-mediated disease (such as type 1 diabetes, celiac disease, allergies and asthma)

# Link to panel discussion

- How will HEDIMED elucidate the biological effects of the exposome

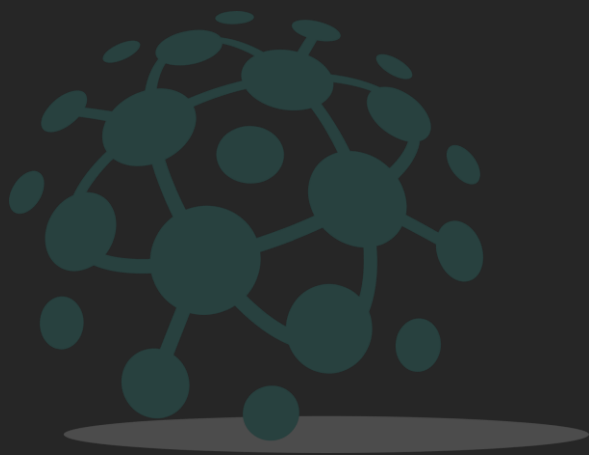
# What are the critical needs for success

- What interaction with stakeholders do you need to make your project a success?
  - exploitation and dissemination of the findings
    - Identification of associations between exposomic factors and the risk of IMDs
    - development of novel exposure approaches to reduce the likelihood of IMDs
  - funding opportunities for new research initiatives
  - feedback from the end-users of toolbox
- What interaction with other projects is needed to make the network a success?
  - exchange of expertise, methods, samples and knowledge
  - common procedures for exploitation and interactions with stakeholders
  - creation of common metadatabase and website



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2	University of Lund (ULUND)	SE
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4	Norwegian Institute of Public Health (NIPH)	NO
5	University of Turku (UTU)	FI
6	University of Oulu (UOULU)	FI
7	Tartu University Hospital (TUH)	EE
8	University of Siena (UNISI)	IT
9	Finnish National Institute for Health and Welfare (THL)	FI
10	Charles University (CU)	CZ
11	Czech University of Life Sciences (CULS)	CZ
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19	Gnomon Informatics SA (GNOMON)	EL
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22	Natural Resources Institute Finland (LUKE)	FI