### EU-Humane Exposome Project



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## Why is this important?

- Immune-mediated disorders such as autoimmune diseases (AD) are non-communicable chronic diseases → pivotal role of immune system.
  - Affecting 7.6–9.4% of the EU population .
  - Autoimmune diseases are a leading causes of death in women under the age of 65.
  - Socio-economic factor  $\rightarrow$  poorer people being at much greater risk.
  - Financial costs (USA) annual expenditure associated with AD ~ \$100 billion
- World Health Organisation (WHO) recognised the involvement of environmental exposure BUT underlying causes, mechanisms and prevention remains underexplored
- Immune-mediated disorders represent in the hundreds of diseases or syndromes
  → generic vs disease per disease approach

## How will EXIMIOUS reach these goals?



### FIRST APPROACH: STARTING FROM THE EXPOSOME

Cohorts that cover the entire lifespan: general and birth cohorts (LifeLines, DOC\*X and DOC\*X Generation, ENVIRONAGE) and

Occupational cohorts (park workers, paint factory workers, miners, metallurgy workers, waste handlers and administrative workers).

#### SECOND APPROACH: STARTING FROM THE DISEASE

Cohorts with potentially exposure-related, immune-mediated diseases

e.g. systemic sclerosis (SSc), systemic lupus erythematosus (SLE), rheumatoid arthritis (RA), sarcoidosis and hypersensitivity pneumonitis (HP).

# What will EXIMIOUS deliver in 5 years

Overlapping markers → 'Immune Fingerprint'

- Exposure
  - → Reflecting person's lifetime exposome (~ biomarker)
- Disease
  - $\rightarrow$  Reflecting person's health

Predictors of disease at the individual level

Hyperspectral imaging (HSI) sensors:

• Rapid determination of environmental samples



# How will EXIMIOUS elucidate the biological effects of the exposome

• Specific exposures & genetic predisposition & immune interactions

• Better prediction of disease risk by acquiring new knowledge on the influence of external exposures on biological pathways at different life-stages and identification of early signs of health damage caused by environmental factors.

• Common elements in genesis of immune-mediated disorders.

## What are the critical needs for success

## Stakeholder involvement

- Diseased cohorts & past exposure
- Database based analysis capturing existing data

### Exposome network

- Exposure at work  $\rightarrow$  JEM's
- Environmental exposure close to polluting sides  $\rightarrow$  models

## Acknowledgements



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4	National Research Centre for the Working Environment	NRCWE	Denmark
5	Belgian Center for Occupational Hygiene	BECOH	Belgium
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